01/11/2024 - 05/11/2024 Larnaka

**Free Entrance** 

# WE ARE BETTER

**Organized:** 

DIS



**Co-organized:** 





Communication

& Media Sponsor:

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**Ceol-Scoil Chorcaí** Cork School of Music **Sponsored:** 



ΤΜΗΜΑ ΣΥΓΧΡΟΝΟΥ ΠΟΛΙΤΙΣΜΟΥ ★Erasmus+★

HOTEL LARNACA





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# **WE ARE BETTER**



## Welcome to the European Art and Culture Disability Festival 2024

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We are delighted to welcome you to the European Art and Culture Disability Festival, taking place from November 1st to 5th, 2024, in the beautiful city of Larnaka. This festival is a celebration of creativity, resilience, and the diverse talents of individuals with disabilities. It serves as a platform to showcase the rich contributions that artists with disabilities make to the world of art and culture.

Throughout these five days, you will experience a vibrant program of exhibitions, performances, workshops, and discussions that challenge perceptions and inspire dialogue. Our festival is more than an event; it is a movement toward greater inclusion, understanding, and appreciation of the unique perspectives that artists with disabilities bring to the creative community.

We invite you to immerse yourself in this transformative experience, where art transcends barriers and culture becomes a shared language of expression. Let us celebrate the power of creativity to unite, inspire, and uplift us all.

Thank you for joining us in Larnaka for this extraordinary festival. Together, we can create a more inclusive world where every voice is heard and every story is valued.

Welcome to the European Art and Culture Disability Festival 2024!

# **HARE BETTER**

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**DIS Group Art Exhibition & DIS Young Art Exhibition** 

01/11/2024 - 05/11/2024 **3Angel Modern Gallery, Larnaka** 

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Andrea Themistokleous Larnaka, 6045 99664290

Friday 11:00-13:00 & 17:00-20:00 Saturday & Sunday: 17:00-20:00 Monday & Tuesday 11:00-13:00 & 17:00-20:00

Official Opening Ceremony of the Exhibition "Dis and Dis Young" 03/11/2024, 16:00- 17:00 During the opening, certificates will be awarded to the participants

of the Dis Young Exhibition.

## AμεAthlets - Photography Exhibition by TheProjectors

01/11/2024 - 05/11/2024 Zouhouri Square (Larnaka 2030 Gallery Space) Friday 17:00-21:00 Saturday & Sunday: 11:00-13:00 & 17:00-20:00 Monday & Tuesday 10:00-17:00



For the art exhibitions, we will offer audio-guided tours for visitors with visual impairments. To arrange this, please call 70088180.



# DIS

European Art and Culture Disability Festival

## Day 1: November 1, 2024 19:00 - 21:00 Opening Ceremony Ist Primary School of Saint Lazarus

**Free Entrance** 

#### Chorus Performance by Saint Lazarus Primary School Debut of "Together We Are Better"

We are thrilled to announce that the Saint Lazarus Primary School Chorus, alongside their dedicated teachers, will debut an original song written by the students specifically for the festival, titled "Together We Are Better".

Music: Andreas Gerolemou Arrangement-Song Teaching: Vassos Nikolaou Lyricists: The children of 4th, 5th, and 6th grades of Agios Lazaros A' Primary School, School Year 2023-2024

Special thanks to the school principal, Timotheos Efthymiou.

#### **Special Video Presentation**

A specially prepared video to kick off the Dis Art and Culture Disability Festival.

#### **Welcoming Speeches**

We are honored to open this year's festival with welcoming speeches from distinguished representatives of the organizing committee and our esteemed partner organizations. and supporters.

### Music by ConKas Trio

Violin, Guitar & Piano



Θα υπάρχει διερμηνεία στην Κυπριακή Νοηματική Γλώσσα. There will be interpretation in Cypriot Sign Language.



# DIS

European Art and Culture Disability Festival

# Ημέρα Ι: Τελετή Έναρξης

1 Νοεμβρίου 2024
19:00 - 21:00
Α' Δημοτικό Σχολείο Αγίου Λαζάρου

#### Είσοδος Ελεύθερη



#### Χορωδία από το Δημοτικό Σχολείο Αγίου Λαζάρου Α΄ παρουσίαση του τραγουδιού Μαζί Είμαστε Καλύτεροι

Είμαστε ενθουσιασμένοι να ανακοινώσουμε ότι η Χορωδία του Δημοτικού Σχολείου Αγίου Λαζάρου, μαζί με τους αφοσιωμένους δασκάλους τους, θα παρουσιάσει για πρώτη φορά ένα πρωτότυπο τραγούδι που γράφτηκε από τους μαθητές ειδικά για το φεστιβάλ, με τίτλο "Μαζί Είμαστε Καλύτεροι".

**Μουσική:** Αντρέας Γερολέμου **Ενορχήστρωση–Διδασκαλία τραγουδιού:** Βάσος Νικολάου **Στιχουργός:** Τα παιδιά της Δ΄, Ε΄ και Στ΄ του Δημοτικού Σχολείου Αγίου Λαζάρου Α΄, Σχολική Χρονιά 2023–2024 Θερμές ευχαριστίες στον διευθυντή του σχολείου, Τιμόθεο Ευθυμίου.



#### Βιντεοπροβολή

Βίντεο αφιερωμένο στην έναρξη του Φεστιβάλ Τέχνης και Πολιτισμού Αναπηρίας "Dis".



#### Χαιρετισμοί

Χαιρετισμοί Είναι μεγάλη μας τιμή που ανοίγουμε το φετινό φεστιβάλ με χαιρετισμούς από εξέχοντες εκπροσώπους της οργανωτικής επιτροπής, καθώς και από διακεκριμένους εταίρους και συνεργάτες μας.



### Μουσική από το ConKas Trio

Βιολί, Κιθάρα & Πιάνο



Θα υπάρχει διερμηνεία στην Κυπριακή Νοηματική Γλώσσα. There will be interpretation in Cypriot Sign Language.



# Day 2: November 2, 2024

DIS

09:30 - 13:30 : Sharing Knowledge on Disability Inclusion

at University of Central Lancashire, Cyprus (UCLan Cyprus)

Engage with leading academics and experts as they share knowledge and insights on disability inclusion. Stay tuned for the announcement of the location!

### 18:00-19:00: Persephone, Goddess of the Seasons

at at Municipal Theater of Larnaka by Open Doors - Greece

The documentary \*"Persephone, Goddess of the Seasons"\* is the result of an artistic collaboration between 10 organizations for people with disabilities, from 5 European countries (Greece, Spain, Hungary, Sweden, Ireland), as part of the Lighthouse Network of the EASPD, with the initiator and coordinator being the Cerebral Palsy Greece / Open Door. The presentation at the Festival will be based on the film but will be enriched with theatrical scenes performed by the Open Door theatre group.

20:00 PM - 21:30 PM: In the Neighborhood of Mikis Theodorakis (Στην Γειτονιά του Μίκη Θεοδωράκη) at Municipal Theater of Larnaka by Saint Lazarus Centre for Special Needs People

In the Neighborhood of Mikis Theodorakis" is a musical-theatrical performance that portrays key moments in modern Greek history through the music of Mikis Theodorakis. It features 43 adults with intellectual disabilities, each with adapted roles to highlight their unique talents. Directed by the specialized staff of our Center, the performance promotes inclusion and equality while breaking down barriers around disability. With no spoken dialogue, the scenes are brought to life through movement and dance, set to Theodorakis' music. This award-winning performance is accessible to all audiences, regardless of language or background.

## Day 3: November 3, 2024

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#### 10:00 - 12:00 "Arts Workshop for Children"

Multi-functional Center for Social Activities and Welfare of Larnaka Municipality

This interactive workshop invites participants to explore their creativity through fun and educational art and music activities. Led by experienced instructors, attendees will use various materials and techniques to express themselves and create unique works. The workshop encourages artistic expression, enhances motor skills, and fosters collaboration. Whether painting, crafting, or making music, this engaging session promises to inspire creativity and the joy of artistic creation. All materials will be provided, and no prior experience is necessary.

#### 11:30-13:00 "Look What I Found"

Multi-functional Center for Social Activities

## and Welfare of Larnaka Municipality

A fun and easy exercise with water pencils, perfect for everyone—no prior art experience needed! In this creative workshop, all you have to do is let your hand move freely on the paper and discover what your mind projects. It's an expressive, relaxing activity that allows participants to unlock their creativity in surprising ways. Suitable for adults and youth ages 10 and up, this workshop is led by Nattie Doron, a PhD candidate and certified art therapist, who will guide you through the process.

#### 12:00-14:00 "Who's next"

Multi-functional Center for Social Activities and Welfare of Larnaka Municipality Egastiri Athens

Art Workshop where the "Art Buddies" artistic team will interact creatively with a group of festival participants. We set up a circle of easels and canvases, with each participant standing in front of a canvas and beginning to paint to the sound of a melody. When the melody stops, participants switch places in front of the canvases. The members of the Parents, Guardians, and Friends of People with Disabilities Association "The Workshop" continue the work from where the previous person left off. The circle continues until all participants have passed by each canvas.

## Day 3: November 3, 2024

### 16:00 - 17:00: Official Opening of the Exhibition "Dis and Dis Young"

3Angels Modern Gallery, Larnaka During the opening, certificates will be awarded to the participants of the Dis Young Exhibition.

### 18:00 - 18:30 Fashion Show at Zouhouri Square

by Vasiliki Charitonos

### 19:00-20:00 Sisyphos Band at Zouhouri Square

Sisyphos Band is a Greek 90's rock cover band from Limassol, known for their energetic and nostalgic performances. Specializing in bringing to life iconic hits from the Greek rock scene of the 1990s, they capture the spirit of an era filled with passion and rebellion.

### 20:30-21:30 The Anahit - Budapest at Zouhouri Square

The Anahit, a captivating music group from Budapest, is set to bring their unique sound to the festival stage. Known for their fusion of indie pop with electronic and alternative influences, The Anahit has made a name for themselves with powerful vocals, dynamic instrumentals, and emotionally charged performances.



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# Day 4: November 4, 2024

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Multi-functional Center for Social Activities and Welfare of Larnaka Municipality

#### 10:30 - 16:00 : Erasmus+ Workshop: Art, Music, and Inclusion

This workshop will explore the Erasmus+ program's role in promoting inclusion through education and the arts. It will feature an interactive art and music workshop designed to foster creativity and participation for all abilities. Participants will also learn how Erasmus+ supports accessible projects and opportunities for people with disabilities.

## Day 5: November 5, 2024 - Closing Day

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#### 10:30 - 13:00 : Erasmus+ Workshop: Art, Music, and Inclusion

Multi-functional Center for Social Activities and Welfare of Larnaka Municipality

This workshop will explore the Erasmus+ program's role in promoting inclusion through education and the arts. It will feature an interactive art and music workshop designed to foster creativity and participation for all abilities. Participants will also learn how Erasmus+ supports accessible projects and opportunities for people with disabilities.

> 14:30 - 16:00 Erasmus+ Closing Event Multi-functional Center for Social Activities and Welfare of Larnaka Municipality

Join us for the closing event of the Erasmus+ Workshop, where participants will reflect on the day's activities, share insights, and discuss next steps for fostering inclusion through education and the arts.



# DIS

# **Conference for Children and Adolescents with ADHD**

Famagusta Municipal Cultural Center (House of Arts and Letters Larnaka)

**01.11.2024:** Participation in the welcome event organized as part of the First European Festival of Art and Disability Culture DIS, by the Cultural Organization "Neofytos" and the EASPD (European Association of Service Providers for Persons with Disabilities).

#### November 2, 2024: Conference for Children and Adolescents with ADHD

10:00 - 11:30 - ADHD & Children (3 speakers with the following topics)

- See the Good!
- ADHD Symptoms, Diagnosis, and Treatment
- Managing Children with ADHD in Schools

11:30 - 11:45 - Questions

11:45 - 12:15 - Coffee Break

12:15 - 13:45 - ADHD in Adolescents (3 speakers with the following topics)

Girls and Adolescence
ADHD and Substance Abuse, Addictions

13:45 - 14:00 - Questions

14:00 - 15:00 - Break

15:00 - 18:00 - Experiential Workshops

Creative Writing (90 minutes)
Drama Therapy (90 minutes)



# **Conference for Children and Adolescents with ADHD**

Famagusta Municipal Cultural Center (House of Arts and Letters Larnaka)

#### **November 3, 2024: Conference for Adults and Students with ADHD**

10:00 - 11:30 - ADHD and Students (3 speakers)

- Masking

DIS

- Therapeutic Approach for Students

- Presentation of the ADHD UP Program

11:30 - 11:45 - Questions

11:45 - 12:15 - Coffee Break

12:15 - 13:45 - ADHD in Adults (4 speakers)

- Improving the Accuracy of ADHD Diagnosis in Adults Using

- Neurophysiological Biomarkers
- Biometric Tools
- Presentation of the Adult Guide
- Dementia or Parkinson's and ADHD
- 13:45 14:00 Questions
- 14:00 15:00 Break
- 15:00 18:00 Experiential Workshops
- Art Therapy (90 minutes)
- Enhancing Self-Efficacy Through Drama Therapy (90 minutes)



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# European Art and Culture Disability

**Στην Γειτονιά του Μίκη Θεοδωράκη** Μουσικοθεατρική παράστασ **In the Neighborhood of Mikis Theodorakis** 

Ð:

Musical Theatre Performance at Municipal Theatre of Larnaka

02/11/2024 20:00 - 21:30 Είσοδος Ελεύθερη / Free Entrance



Μουσικοθεατρική παράσταση του ΚΕΝΤΡΟΥ ΑΜΕΑ ΑΓΙΟΣ ΛΑΖΑΡΟΣ βασισμένη στη ζωή και το έργο του Μίκη Θεοδωράκη. Η παράσταση αυτή έχει τιμηθεί από τον ΘΟΚ.

A musical-theatrical performance by the AGIOS LAZAROS Disability Center, based on the life and work of Mikis Theodorakis. This performance has been honored by the Cyprus Theatre Organization



The music theater performance will have English subtitles



Persephone, Goddess of the Seasons Documentary & Theatrical Performance by Cerebral Palsy Greece/Open Door

in collaboration with 9 member organizations of EASPD

Municipal Theatre of Larnaka Saturday, 02/11/2024 18:00 - 19:00

Είσοδος Ελεύθερη / Free Entrance



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open door cerebral palsy greece











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European Art and Culture Disability Festival **Fashion Show** 

### at Zouhouri Square Larnaka

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03 November 2024 18:00 - 18:30 **Free Entrance** 

www.orbito.travel

# VASILIKI

**Organized:** 

Νεόφυτος

**Co-organized:** 



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# European Art and Culture Disability Festival SUL

**Music Concerts at Zouhouri Square** 03 November 2024 19:00 - 21:30

### **Free Entrance**



#### **Sisyphos Band 19:00-20:00**

Sisyphos Band is a Greek 90's rock cover band from Limassol, known for their energetic and nostalgic performances. Specializing in bringing to life iconic hits from the Greek rock scene of the 1990s, they capture the spirit of an era filled with passion and rebellion.

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### The Anahit - 20:30-21:30

The Anahit, a captivating music group from Budapest, is set to bring their unique sound to the festival stage. Known for their fusion of dark pop with electronic and alternative influences, The Anahit has for themselves with made a name powerful vocals, dynamic instrumentals, and emotionally charged performances



# European Art and Constitute Disability

# **Festival Map**

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### **Neofytos Cultural Organization**

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#### The name

Neofytos Cultural Organization is named in honor of a thirteen-year-old Neofytos Antoniou, from Limassol, son of Christiana and Neoklis Antoniou, who passed away on 09/10/2013 due to Astrocytoma.

One of the primary goals of the Neofytos Cultural Organization is to combat the social exclusion often faced by individuals with disabilities. This mission is deeply rooted in the religious tradition of our island, as Saint Neofytos secluded himself in a cell. Thus, the organization's name is intricately linked to the issue of exclusion. Furthermore, the etymology of the name originates from the ancient Greek verb φύω/φύομαι, meaning "to grow" or "to be born," reflecting the organization's conceptual and philosophical essence as something new and evolving. This significance transcends language barriers, as reflected in the consistency of the name across English (Neophyte), French (Néophyte), and German (Neophyt).

www.neofytos.org

### **About Neofytos Cultural Organization**

DIS

Founded in 2018, the Neofytos Cultural Organization is a leading force in Cyprus dedicated to promoting disability culture and raising awareness about disability issues. With a mission to foster inclusivity and celebrate the contributions of individuals with disabilities, the organization plays a vital role in enhancing cultural and social understanding.

The Neofytos Cultural Organization actively works to create platforms for artists with disabilities, showcasing their talents through exhibitions, performances, and cultural events. By highlighting the unique perspectives and artistic expressions

of individuals with disabilities, the organization seeks to challenge stereotypes and advocate for greater accessibility and representation within the arts and cultural sectors.

In addition to its artistic endeavors, the organization is committed to educational outreach and community engagement, offering programs that address disability culture, provide resources, and support advocacy efforts. Through its work, the Neofytos Cultural Organization aims to build a more inclusive society where diversity is celebrated and every individual has the opportunity to contribute meaningfully.

For more information, visit www.neofytos.org

#### About EASPD

DIS

The European Association of Service Providers for Persons with Disabilities (EASPD) is a leading organization dedicated to promoting the rights and inclusion of individuals with disabilities. Established in 1996, EASPD advocates for high-quality, person-centered services across Europe, working to ensure that people with disabilities have equal access to opportunities and resources in all areas of life. EASPD collaborates with a wide network of service providers, policymakers, and stakeholders to advance policies and practices that enhance accessibility, inclusion, and equality. Through its initiatives, EASPD strives to create a society where every individual, regardless of

their abilities, can thrive and contribute to their fullest potential. For more information, visit EASPD's website https://easpd.eu/

#### About Larnaka 2030

Larnaka 2030 is an ambitious strategic initiative aimed at transforming Larnaka into a forward-thinking, inclusive, and sustainable city by the year 2030. This vision encompasses enhancing the quality of life for all residents, fostering economic growth, and promoting cultural and environmental sustainability. The initiative focuses on creating a vibrant urban environment where innovation, accessibility, and community well-being are central. By prioritizing inclusive development, Larnaka 2030 seeks to ensure that every citizen, regardless of their abilities, has equal opportunities to participate in and benefit from the city's growth.

Larnaka 2030 is committed to engaging with diverse stakeholders, including local businesses, community groups, and residents, to realize this vision. Through collaborative efforts, the initiative aims to position Larnaka as a model city for inclusive progress and sustainable living.

For more information, visit Larnaka 2030's website. https://larnaka2030.eu/

#### **About Orbito Travel**

DIS

orbito travel is the first all-in-one online platform, which seamlessly integrates all aspects of accessible travel into a single, stress-free booking process.

Focusing on the accessibility chain throughout, provided services, all accessible, are presented into the following categories:

- How to get there: including air tickets, ferry tickets, train tickets, bus tickets

- Where to stay: including hotels, hostels, apartments, camping,

cruises

- What to do: including museums, workshops, city tours, day cruises

- Where to eat and drink: including restaurants, cafes, bars
- How to move around: including car rental, pickup service, taxis, black cars
- What's extra: including personal assistant options, wheelchair travel insurance, wheelchair rental

The orbito travel team's commitment to accessibility manifests itself through detailed virtual tours for each location, meticulously crafted after on-site inspections. This transparency empowers travellers to confidently explore new destinations.

Ultimately, orbito travel's mission is to redefine accessible tourism, unlocking equal opportunities and fostering an inclusive travel world for everyone.

www.orbito.travel

We extend our deepest gratitude to the Department of Contemporary Culture of the Deputy Ministry of Culture for their ongoing support, which has been instrumental in making this Art and Culture festival a reality.

We would also like to express our sincere thanks to Larnaka Municipality for their invaluable support in enabling this project to happen.

A special thank you to EASPD and Larnaka 2030 for their collaboration and dedication in organizing the festival.

We are immensely grateful to all the participants—without you, this would not have been possible.

Lastly, a huge thank you to everyone who contributed to this festival. Your efforts and support are truly appreciated.

Thank you,

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Festival Organization: Marianna Pafite and Loucas Ioannou Festival General Coordination: Rebecca Taki & Loucas Ioannou Assistance Cordinators: Elli Fragkou, Ariana Georgiou, Giorgos Loizides, Ioannis Schiza, Katina Kosta, Maria Theofanous Andrea Charalambides Stylianou Graphic Design: Loucas Ioannou Special Thanks: Eoin Nash, Andy Forrestal, Alexia Chamodraka, Christina Christofi, Nóra Györke, Sydney Von Ihering, Maria Kramvi, Kyriakos Konstantinides, Untine Iacovou, Akis Ioannou, Timotheos Efthymiou,



Phone: 7008 8180 Email: orgneofytos@gmail.com

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